

OMS-PTSO News

Volume 74

October 2010



Stoughton O'Donnell Middle School



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Note from the Office

The transition back to school is difficult for everyone. Getting back to waking up early, completing daily homework assignments and adjusting to a new grade can be a significant set of challenges for students and families.

Some students take only a few days to "get back in the swing," while others take a few weeks. It is important that students start off the year strong and here are some strategies that may help your child succeed this year:

1. Establish a routine for completing homework and make this time "sacred." Find a quiet room in the house without distractions where your child can focus on their school work.
2. Limit the time your child spends online with Facebook or surfing the web. For example, they can learn a tremendous amount from just having conversations with their families at dinner time.
3. Set up the computer in a family room where you can monitor their online activities.
4. Get your child involved in a physical activity of some kind- dance, soccer, football, etc. are all ways students can release energy and build self-esteem.
5. Make sure your child is getting enough sleep and going to bed on time. Students in middle school should be getting at least eight-nine hours of sleep each night.
6. If you suspect your child may be having difficulty in a specific subject, make early contact with their teacher by calling or e-mailing them.

Please keep in mind the teachers, administrators and counselors are available to discuss any problems or issues your child may be experiencing in school.

Have a wonderful year!

2010-2011 OMS PTSO Executive Board

Co-Presidents

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Lori Bates lgb1120@comcast.net

Co-Vice Presidents

Laura Mone oms_ptso_news@verizon.net
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Recording Secretary

Cathy Joyce kilkerrin58@comcast.net

Corresponding Secretary

Julia Dubovy juliadubovy@comcast.net

Fundraising Chair

Bonnie Hickey bonnie.hickey@comcast.net

** After many years as treasurer, Lisa will be leaving us at the end of this school year. If you are interested in being the treasurer next year, please let us know. It would be great if you could shadow Lisa this year.

CPR

Parents! There will be a Cardiopulmonary Resuscitation class on Tuesday, October 12, 2010 6-9pm.

If you are interested in taking the class, please contact

Mrs. Leonard
a_Leonard@stoughtonschools.org

or

Mr. Pirri
a_Pirri@stoughtonschools.org

OMS-PTSO News



School Dance

The first dance of the year is Fri 10/29/2010.

The sixth grade dance will be 4:30-6:30pm and the 7 & 8th grade dance will be 7-9pm. The dance theme is Halloween.

Tickets are \$5 and will be on sale during all lunches the week of the dance.



Parent/Teacher Conferences

Parent Teacher Conferences are set up with a drop-in format from 6:30-8pm on November 17 if your last name begins with M-Z and November 22 if your last name begins with A-L.



Shop Target and earn money for OMS

Do you have a REDcard and want to earn FREE money for the OMS? Then, visit target.com and enroll the OMS as your school. Use school ID # 60110 or just search on Stoughton, MA



BoxTops for Education

The OMS can earn money when you shop online! First, Go to www.btfe.com and sign up to support the ROBERT G O'DONNELL MIDDLE School. Next, click on the "earn" tab at the top of the page. Select "Shop Marketplace" and shop!

Keep sending in those boxtops. Mark them with your student's name, grade & room # because:

Every 50 boxtops you send in during September will enter you to WIN a basketful of boxtops items.

AND

the grade level that sends in the MOST BOXTOPS by the end of May 2011 earns a Free Fun Day in June!



Stop & Shop A+ Bonus Bucks

The OMS is participating in this program again this year. Last year we earned over \$160! Call 1-877-ASK-APLUS (that's 1-877-275-2758) or visit

www.stopandshop.com/aplus to register your Stop & Shop card.

Our school id# is 07752. Then show your card when you shop and the OMS will earn CASH each time you shop! Tell family and friends about it! We look forward to seeing how successful our second year will be.



Stoughton Special Education Parent Advisory Committee (SSEPAC)

Amy Delaney
Wednesday, October 6
7:00pm – 9:00pm
OMS Media Center

Understanding Sensory Integration Differences

This sensory integration overview will cover basic information about sensory integration theory and practice. Focus will be on identifying sensory integration dysfunction, practical suggestions to help with sensory based issues and when and how to seek sensory integration based therapy.



Campbell Soup Labels

Send in your Campbell's labels and earn FREE STUFF for our school!

www.labelsforeducation.com



OMS PTSO School Store

Attention Students!
Need a last minute school supply? A pencil? A pen? Check out the OMS PTSO School Store. This not-for-profit store is open every Monday during all lunches.

OMS-PTSO News

Show your school spirit!



Spirit Wear For Sale

Fleece Stadium Blanket.....	\$25
Hooded Sweatshirt (black).....	\$25
Lounge Pants (black/orange plaid).....	\$22
Sweat Pants (black)	\$20
Long Sleeve T-Shirt (black or gray).....	\$15
T-Shirt (black or gray).....	\$10
Ladies Scoop Neck T-Shirt (black).....	\$16
Girl's Gym Shorts (black).....	\$10
Boys Shorts (black).....	\$10
Drawstring Bag w/ zipper pocket.....	\$12

For \$5 more, you can have your Spirit Wear embroidered or monogrammed!

To order, email Barbara Corrigan at bcorrigan19@comcast.net or 781-344-0374

If you have any questions and need to talk to one of the OMS staff, you may contact the school by

1. **Phone** – Main office is (781) 344-7002
2. Come to the O'Donnell Middle School and **talk in person**
3. **Email** – If you know the teacher's name, then the format is the ***first letter of their first name + underscore + last name @StoughtonSchools.org
For instance, Mr. Hester's email address is:

w_hester@stoughtonschools.org

*** Some email addresses have the first full name

For Contact information:

<http://www.stoughtonschools.org/Stoughton/ODMS/pages/staff.htm>

October 2010

DAY	DATE	EVENT/ACTIVITY
Tue	5	Kickoff Fall Magazine/Gift Fundraiser
Wed	6	Turn-in address booklets SSEPAC meeting 7-9pm
Thu	7	Term 4 mid-term reports issued
Mon	11	No school, Columbus Day
Wed	13	First date to turn-in fundraiser orders <bonus points>
Fri	15	Newsletter deadline
Wed	20	PTSO meeting 7:00pm Final date to turn-in fundraiser orders <single points>
Thu	21	Early Release 11:45am Kids' Vote volunteer training
Fri	29	OMS Halloween Dance

November 2010

DAY	DATE	EVENT/ACTIVITY
Tue	2	No school, Staff Development Kids' Vote 2:00pm – 8:00pm
Wed	3	SSEPAC meeting 7-9pm
Wed	10	Term 1 ends
Thu	11	No school, Veteran's Day
Mon	15	Newsletter deadline
TBA		PTSO meeting 7:00pm
Wed	17	Parent Conferences M-Z
Fri	19	Term 1 report cards issued
Sat	20	Holiday Shopping Day 9:00am-2:00pm
Wed	24	Early dismissal for Thanksgiving 11:00am
Thu	25	Thanksgiving Day
Fri	26	No school, day after Thanksgiving

OMS-PTSO News

Surfing for OMS

Going online? Check out these sites:

www.baseclasstech.com our OMS PTSO site.

www.btfe.com enter sweepstakes to earn BONUS boxtops, print coupons and shop at their marketplace to earn percentages of your purchase for OMS

www.growinglocallearning.com register as a Robert G. O'Donnell supporter (enter the school name without punctuation) to earn bonus boxtops for the school and to get coupons for you!

www.target.com register your REDCARD. Enroll the OMS as your school. Use school ID # 60110 or just search on Stoughton, MA

www.stopandshop.com/aplus register your Stop & Shop card. Our school id# is 07752

www.stoughtonschools.org click on Schools then OMS and find out what's going on at the school... read the daily announcements, find teacher's email addresses, see what the kids are doing and more!

If you know of any websites that would be beneficial for middle school families, please email us and let us know.

O'Donnell Middle School PTSO's 5th Annual Holiday Shopping Day

Saturday 11/20/2010

9:00am – 2:00pm

\$1.00 admission or 20 box tops, students free.

Vendor Tables available \$30 reserve by Oct. 15th with Noralee Curtis (noralee@norwoodlight.com)

Crafters, White Elephant, Sprit wear, Bake Sale, silent auction, door prizes breakfast and lunch. New this year, order your pies for Thanksgiving!

Volunteers still needed to help run kitchen, contact Lit Turner (litt@visionaries.org) 781-344-0961.

Volunteers to be part of the day please contact Lynne Mitchell (lynnekmitchell@yahoo.com)

Donations are accepted. If you are interested in donating an item or becoming an event sponsor, contact Lit Turner (litt@visionaries.org) 781-344-0961 [We are also accepting donations for this event. Click here for donation form.](#)

OMS-PTSO News

Kids Voting USA

Kids voting USA is returning to Stoughton for the November 2, 2010 election. The OMS PTSO will once again be a part of this important event which gives students a hands-on opportunity to be a part of our democratic process. The OMS PTSO is being asked to supply 6 volunteers to help with the event. There will be two volunteers assigned to time periods: 2:00-4:00, 4:00-6:00, 6:00-8:00. Training for volunteers will be provided on Thurs. Oct 21 from 6:00-7:00 at the Stoughton Public Library in the Wales French Room.

If you are interested in being a part of the Kids Vote Program please contact Lori Bates at lgb1120@comcast.net

Volunteer Opportunities

We have a mystery we need help solving...at our last meeting in May, we told the group about upcoming opportunities that we need help with and one awesome woman gave us her name and said she would be interested in helping us to schedule the volunteers that come in each week to help the teachers make copies or do other tasks. Unfortunately we cannot find her name but still would love her help! So if you are that person (or want to be involved but aren't that person) then please email us back and let us know. We promise not to be unorganized this time!

Angela Motley did a great job over the past few years but she has moved on to the high school so we need someone to take over that most important role. It doesn't even require you going to the school, just setting up a schedule and reminding volunteers when they are needed.

More opportunities are open...next year **Laura Mone** our Box Tops Queen will be moving on so we need to be finding people to take over the many roles she will be leaving. It is a great opportunity to work with Laura this year and then be the coordinator next year.

Additionally, we are looking for someone to **help coordinate the kitchen** for this year's holiday shopping day on November 20th. Training provided!

We need volunteers during lunches (10:30-12:30) on October 6th to collect address booklets from students. Please contact Laura Mone at oms_ptso_news@verizon.net if you can help.

Lastly, we try to have volunteer signup opportunities at our PTSO meetings but that only hits such a small percentage of parents that are willing to help out. So if you are interested in helping in a particular area or being called on occasionally when we need people, please email back and I will keep a list. We thank you in advance for any help you can offer throughout the year whether it is an hour or an hour every week!

Click litt@visionaries.org with PTSO Volunteer as the subject.

Biggest Fall Fundraiser

Look out for our Fall Fundraising packet! It's coming home on October 5th. This is our biggest fundraiser of the year! You'll need to fill out or help your child fill out an address booklet. Your child is going to want to do this because he/she gets a prize AND an opportunity to win some CA\$H when he/she brings it back the very next day!

See our column: VOLUNTEER OPPORTUNITIES to see how **you** can help on Oct. 6th. This year the catalog includes not only magazines but also other gifts and household items. There are two turn-in dates: The first one allows students to earn BONUS points toward their prizes... That's Oct. 13. Orders turned in by Oct. 20 still earn points, just not as many.

Happy Selling!