



O'Donnell Middle School, Stoughton



VOLUME 69

DECEMBER 2009

Message from OMS PTSO:

There will be no December meeting. We would love to see all of you at our Holiday Shopping Day on Dec. 5th!

Our next PTSO meeting is Tuesday, January 12th 7-8pm
OMS Media Center

Fulfill that New Year's Resolution to become more involved with your kids' school! See you there!

With Thanksgiving coming up, what better opportunity to thank all the OMS families who support the PTSO. Without the support of parents and staff the PTSO would not exist. The important contributions that you make to your child's OMS experience are invaluable. Thank you!

--OMS PTSO Executive Board

PLINKO/PRIZE DAY

Prize/Plinko Day was during lunches on November 19th. Dismissal time at the OMS that afternoon was similar to the end of a day of shopping. Congratulations to all the students who won cash and prizes!



OMS PTSO 4th ANNUAL HOLIDAY SHOPPING DAY

Come to eat, win raffles, buy yummy baked goods, bid on the silent auction and SHOP at the 4th Annual Holiday Shopping Day on Dec. 5, 2009 from 9 am . 1pm. This is an event where adults and children can do their holiday shopping. There will be over 25 vendors and crafters. Admission is ONE DOLLAR or get in FREE with just 20 boxtopsõ children 10 and under FREE. Admission enters you in a raffle.

Here's how you can help:

Spread the word: Tell EVERYONE you know about the event! Get flyers from the office or download from baseclasstech.comõ hang them around town as you're running errands.

Drop off clean, usable items at OMS for our White Elephant table. Please no electronics or oversized items.

Bake for bake table: Bring baked goods to the school Friday or Saturday

Send in the me basket donations see page 3 for themes.

Volunteer if you can, please email hboykin@aol.com and let us know.

OMS PTSO News

Health Matters

Is breakfast really all that important?

YES! A good breakfast gives you the fuel you need to start your day. Research shows that kids who eat breakfast have more energy, have a lower BMI, do better in school, and eat healthier all day long. Skipping breakfast makes us irritable and tired. Here's a great breakfast idea for the whole family. Look for this and other breakfast ideas at www.btfe.com. Try making this recipe ahead of time and have it on-hand for breakfast:

Blueberry-Banana Bread

Ingredients

- 2 cups Original Bisquick® mix
- ¾ cup quick-cooking oats
- 2/3 cup sugar
- 1 cup mashed very ripe banana (2 medium)
- ¼ cup milk
- 2 eggs
- 1 cup fresh or frozen (thawed and drained) blueberries

Directions

1. Heat oven to 350°F. Grease bottom of loaf pan, 9x5x3 inches.
2. Stir Bisquick, oats, sugar, bananas, milk and eggs in large bowl until moistened. Beat vigorously 30 seconds. Gently stir in blueberries. Pour into pan.
3. Bake 45 to 55 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen loaf from sides of pan; remove from pan and place top side up on wire rack. Cool completely, about 2 hours, before slicing. Wrap tightly and store at room temperature up to 4 days, or refrigerate up to 10 days.

Washington, DC

Don't miss the Bus!

Eighth graders are going to our nation's capitol on June 11, 2010.

There was a parent meeting on the evening of October 9th. If you have an eighth grade student who wants to go, you need to register for the trip **BEFORE November 25th**. Your form and deposit must be post marked by then or World Strides will return it. No registrations will be accepted after the Thanksgiving break. If you have questions, ask Mr. Grasso at r_grasso@stoughthonschools.org.



Helpful Links

www.stoughthonschools.org Click on the OMS picture and find out what's going on at OMS! Learn things like morning announcements, homework, student life and more!

www.stoughtonlibrary.org Check out clubs, upcoming programs and services available for your child.

www.stoughtonyouthcommission.org Useful information and invaluable opportunities for you and your child!

OMS PTSO News



BoxTops For Education

If you're doing online shopping anyway, why not earn money for OMS at the same time? Visit www.btfе.com to sign up to support the ROBERT G ODONNELL MIDDLE School. And remember to Keep sending in those boxtops! Mark them with your child's grade level becauseí

The grade level that brings in the most boxtops will have a DAY OF FUN in June!

Campbell's Soup Labels

Send in your Campbell's labels and earn FREE STUFF for our school! See



www.labelsforeducation.com for details about this program.

Spirit Wear For Sale

Stoughton Lounge Pants	\$20
Stoughton Girl's Gym Shorts	\$10
Stoughton Baseball Hats (light gray and black)	\$12
Stoughton Baseball Hats	\$12
Hooded Sweatshirts (gray and black)	\$25
Long Sleeve T-Shirts (black and gray)	\$15
T-Shirts (black and gray)	\$10
Stoughton Black Sweat Pants	\$20
Stoughton Stadium Blankets	\$25

For \$5, you can have your Spirit Wear embroidered/monogrammed! To order, email Maria Bough at Mariabaugh@yahoo.com

OMS PTSO School Store Attention Students!

Need a last minute school supply? A pencil? A pen? Check out the OMS PTSO School Store.



The store is open every Monday during all lunches.

This is not a for-profit service. The PTSO simply wants our students as prepared as they can be. The items we offer are at very minimal cost.

News you choose

Have news you'd like to share with OMS families? We'll publish it in our newsletter. Email oms_ptso_news@verizon.net with an article you'd like to see published. **Our news deadline is the 15th of each month.**

Theme Baskets

NEW to the Holiday Shopping Day this year!

We are putting together theme baskets to raffle off at our Holiday Shopping Day!

Send your themed donation in no later than Nov. 30th

Themes are:

Grade 6: KIDS JUST WANT TO HAVE FUN

Grade 7: VIVA L'ITALIA

Grade 8: CLEAN IT UP

Staff: TAKE A BREAK MAKE LIFE EASIER

OMS PTSO News

MARK YOUR CALENDAR

The rest of November

- 23 Parent conferences A-L 6:30-8pm
- 25 Early Dismissal for Thanksgiving 11am
- 26/27 No School Thanksgiving



December



- 05 PTSO Holiday Shopping Day 9am to 1pm
 - 10 Early Release 11:32am
 - 14 Term 2 Mid-term Reports Issued
 - 23 School Closes at end of day (regular full day)
- Dec. 24-Jan. 3 Winter Break**

January

- 04 School Reopens -- Welcome back!
- 12 PTSO meeting 7pm
- 13 Grade 8 Winter Concert SHS Auditorium 7:30pm
- 18 No School -- Martin Luther King, Jr. Day
- 20 Grade 7 Winter Concert SHS Auditorium 7:30pm
- 27 Grade 6 Winter Concert SHS Auditorium 7:30pm
- 26 Term 2 Ends
- 28 Early Release 11:32am



2009 – 2010 PTSO Meetings:

The PTSO meets once a month from 7:00 pm to 8:00 pm in the OMS Media Center.

ALL ARE WELCOME! Please come and share your ideas

*The meetings for the balance of the school year are:

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|---------|---------|---------|
| Jan. 12 | Feb. 10 | Mar. 10 |
| Apr. 14 | May 12 | Jun. 8 |

*meetings are subject to change.